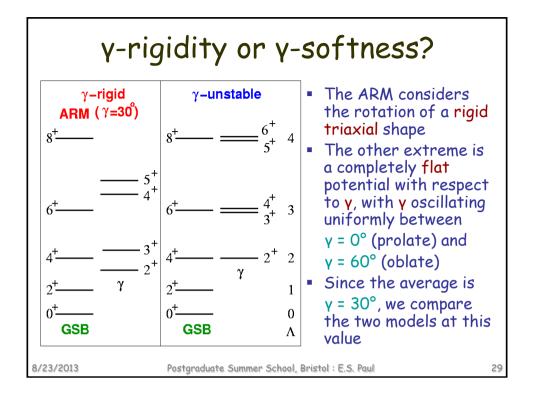
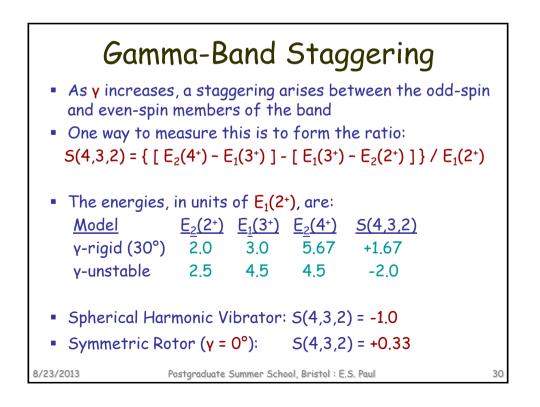
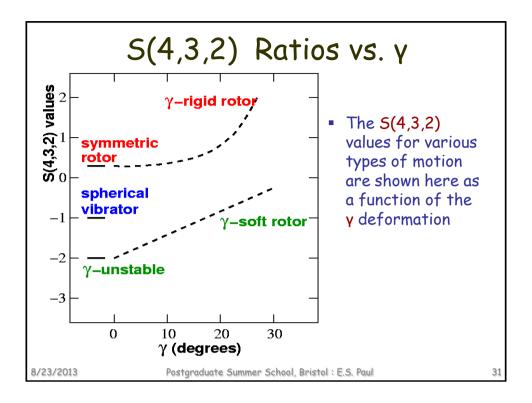
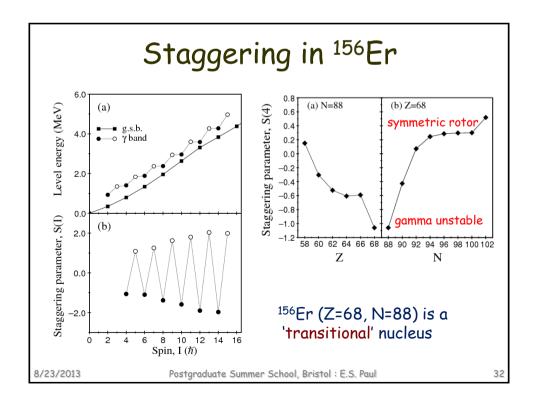


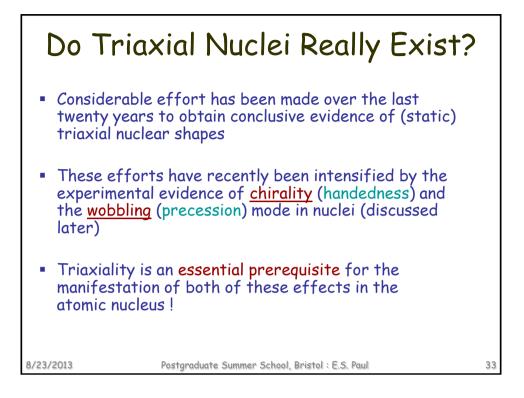
 More ARM Relations For the odd-spin members of the y band: 				
$E(3^+) = E_1(2^+) + E_2(2^+)$ and $E(5^+) = 4 E_1(2^+) + E_2(2^+)$				
 Percentage 	difference	s for N = 7	76 isotones:	
Nucleus	ΙγΙ	<u>R₃ (%)</u>	<u>R₅ (%)</u>	
¹²⁸ Te	26.6°	-1.21	-	
¹³⁰ Xe	27.6°	+1.55		
¹³² Ba	26.3°	-0.98		
¹³⁴ Ce	25.3°	-1.79		
¹³⁶ Nd	25.7°	+0.38	+13.2	
¹³⁸ Sm	27.0°	+0.79	+18.7	
¹⁴⁰ Gd	26.8°	-2.53	+16.5	
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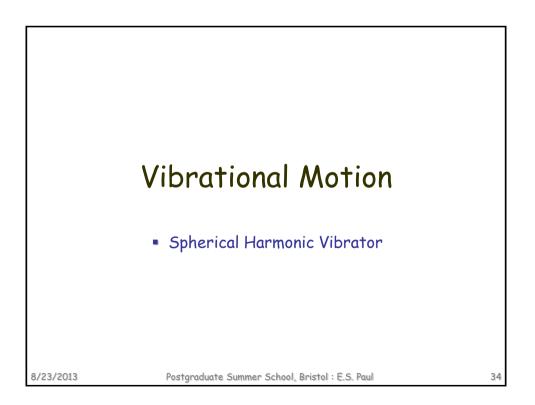


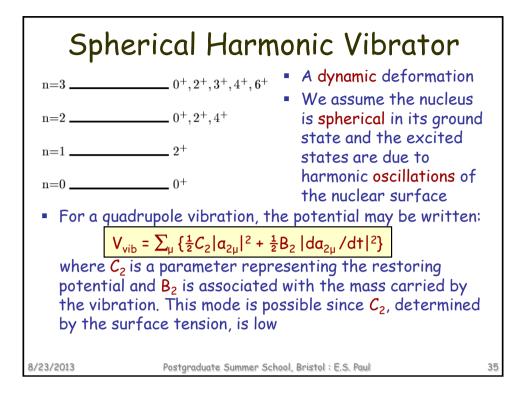


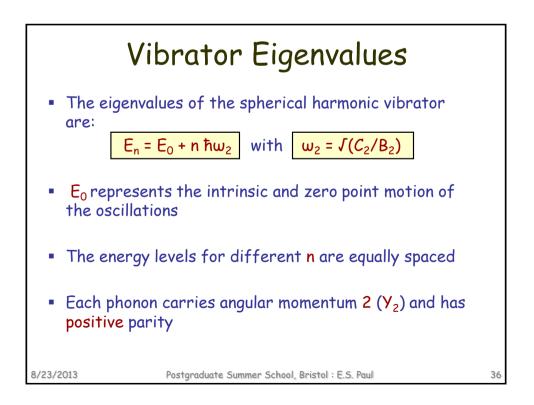


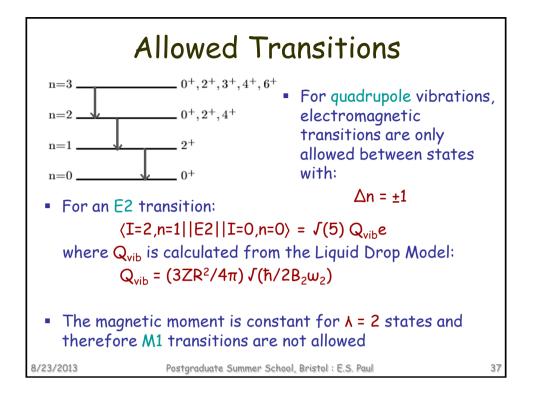


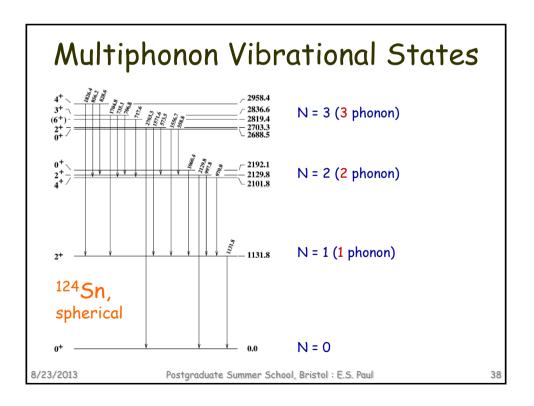












Octupole Vibrations $n=2$ $0^+, 2^+, 4^+, 6^+$				
$n=2 _ 0^+, 2^+, 4^+ n=1 _ 3^-$ $n=1 _ 2^+$ $n=0 _ 0^+ n=0 _ 0^+$	 For octupole vibrations, each phonon carries angular momentum 3 (Y₃) and negative parity 			
quadrupole octupole				
 The energy of the first excited state (3⁻) is roughly twice the energy of the quadrupole case 				
 For real nuclei, an anharmonic oscillator is needed. This removes the degeneracy of the n = 2 states (0⁺, 2⁺, 4⁺) of the quadrupole vibrator. It also displaces the λ = 2 and λ = 3 states relative to each other 				
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